

sk8 SKOOOL
Elite Sports Academy



Profile: Thomas Jensen
Position: Masters Speedskater
Member: Masters SRV Team member
Started: 1st June 2011
City: Ringsted
Club: RIMO / Rolling Vikings
D.O.B. 27th August 1971
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I skate because... "I like to use my body, to train and I like speed - all those 3 elements I get when I'm skating. I love when I stand at the start line and wait for the race to start – this gives me an adrenalin rush and then you see the effort of months of training. I also like to skate because while I'm skating my mind is free and you can feel you are alive "

I joined Sk8SKOOL because... " I want to be better at skating... and for this I need professional coaching. Sk8skool can provide me with training for better technique, better top speed and to get structure in my training. And Sk8skool will help me to keep focus in my training"